



# UNITED STATES HANDBALL ASSOCIATION

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## U.S. Handball Association Transgender Participation Policy

**The USHA has adopted in accordance with the policies of similar sports' national and international governing bodies toward transgender athletes, the following policy on a temporary basis.**

### Adult Policies

1. A transgender male (FTM) athlete may participate in men's or mixed competitions without restriction, but is not eligible to compete in a women's competition if undergoing hormone (testosterone) treatment at the time of or during the competition.
2. A transgender female (MTF) athlete being treated with testosterone suppression medication may participate in women's competition after completing one calendar year of testosterone suppression treatment. She may continue to participate in men's competitions until the year of treatment is complete and general policies guiding participation will apply.
3. Any transgender athlete not taking hormone treatment related to gender transition may participate in competition in accordance with his or her assigned birth sex.
  - 1 General policies guiding participation will apply to transgender male (FTM) athlete not taking testosterone related to gender transition.
  - 2 A transgender female (MTF) athlete not taking hormone treatments related to gender transition may not compete on a women's team.

**Decisions** regarding participation under this policy are subject to determination by the USHA Executive Committee, Board of Directors and/or Game Committee, both prior to or during competition.

**PROVISION:** Any individual intending to participate in a competition corresponding to their identified gender, and seeking qualification under these policies, must notify the USHA Game Committee at least 30 days prior to the event. Failure to do so may result in restricted participation.

Policy is subject to amendment, revision and/or modification at any time through the USHA Board of Directors.